

Coupe Internationale d'été OPTIMIST

2017-2020

Sailing Instructions

1. Rules

The regatta will be governed by :

- 1.1 The rules as defined in *The Racing Rules of Sailing*. (RRS)
- 1.2 The National prescriptions of the FFVoile translated for foreign competitors as listed in Appendix.
- 1.3 The Federal regulations of the FFVoile
- 1.4 If there is a conflict between languages the French text will take precedence.

2. Notices to competitors

- 2.1 Notices to competitors will be posted on the official notice board located:see on appendix
- 2.2 During the practice race and if groups are constituted, the 1st start will concern the odd numbers, the second the even numbers.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions (SI) will be posted at the latest 2 hours before the warning signal of the race it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on masts located:see on appendix . (to see the map in appendix).
- 4.2 Flags AP over H with the pennant or flag of the corresponding category (Minimes, Benjamins) made ashore mean the race is postponed and competitors shall remain ashore, leaving the launching area totally free (this changes Race Signals).

5. SCHEDULE OF RACES

- 5.1 Dates and times of racing: see on appendix
- 5.2 The number of races per day is not limited but will depend on the time spend on the water:

Class	Target time Maxi on water
Optimist "Benjamins"	4 hours
Optimist "Minimes / Cadets"	6 hours

The "target time on water" is at the discretion of the Race Committee. Such a target time outside the scheduled range shall not be grounds for protest or request for redress. This changes RSS 60.1 (b).

- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

5.4 If more than 80 boats are registered in a division, the race will be run in groups with a qualifying stage and a final stage following the rules defined below :

5.5 : Qualifying stage and final stage:

According to "SI 5.4", the boats will be divided into 2 ,3 or 4 groups during the qualifying stage, then in an equivalent number of groups named Gold, Silver and Bronze and Emerald fleets during the final stage.

On the first day of racing, the allocation in these groups will be based on the latest French national ranking established before the regatta. Competitors will be allocated in equal number and according to their rank. (If 4 groups : group 1 = 1st, 8th, 9th, 16th... ; group 2 = 2nd, 7th, 10th, 15th, ... ; group 3 = 3rd, 6th, 11th, 14th, ... group 4 : 4rd, 5th, 12th, 13th,

Competitors not being ranked in the French national ranking will be allocated in equal numbers and assigned in the different groups. This division will be maintained for the whole first day.

Those assignments will be displayed each day before signing in.

Competitors will be reassigned to the groups each day, unless if only one race was raced in all the groups on the first day, according to the following requirements:

- If all groups have validated the same number of races, the boats will be reallocated according to their ranking in the overall ranking.
- If all groups have not validated the same number of races, the boats will be reallocated according to the ranking established the last time all the boats have completed the same number of races, these races being numbered in order of completion.

WARNING : The allocations will be based on the ranking available every day after racing, but before protest and request for redress have been judged.

5.5.1) The qualifying stage will last 2 days, under the condition that 4 races have been sailed and completed for each group.

Thence continuing as many complete days as required for validating at least 4 races for each group.

5.5.2) Final stage

(a) The final stage will start from the 3rd day of racing, provided that at least 4 races have been validated according to SI 5.5.1.

The fleets of the final stage will be constituted, as nearly as possible, of equal numbers of competitors, in such a way that the Silver, Bronze and Emerald fleets would not be bigger than the Gold fleet..

The competitors with the best rankings in the qualifying stage will sail all the races of the final stage in the Gold fleet, competitors with the following ranks of the qualifying stage will sail in the Silver fleet, then in the Bronze fleet and finally in the Emerald fleet.

(b) Any recalculation of the final series ranking after the competitors have been assigned to fleets for the final stage will not affect the assignments except that a redress decision may promote a competitor to a higher fleet.

Only a competitor getting redress may be upgraded, and only before the first race of the final stage has started.

5.6 Group Ribbons

(a)Competitors shall display the identifying ribbon of their group from the top of the sprit.

Group: see on appendix

All ribbons will be distributed to competitors (according to their class) at the first signing in. It will be the sole responsibility of every competitor, every day, to display or not the ribbon of his/her allocating group.

(b) From the second day of racing, a bib will be given to the first three *Minimes/cadets* and *Benjamins*, and also to the first girl.

These competitors shall wear the bibs during the concerned day from the moment they go onto the water until after the end of the day's racing.

The bib will be worn above all other personal equipment, including lifejacket

5.7 The schedule of races will include on Wednesday a long distance race.This race, not excludable, will be detailed in a specific appendix « long distance race », mentioning:

- The course and specific SI(marks, class flags)
- Groups being associated at the start, and their order
- Factors applied to each category

And posted at the latest Wednesday 12.00

6. Class Flags

The Class flags will be: see on appendix

7. Racing area

The location of the racing areas is specified in Appendix "racing areas".

8. The courses

- 8.1 The courses will be set according to the Trapeze IODA format as described in the Appendix "Courses", including the order in which marks are to be passed or rounded, and the side on which each mark is to be left.
- 8.2 At latest at the warning signal, the Race officer will indicate, if necessary, the bearing of the first mark and the length of the first leg.

9. Marks

see in Appendix

10. AREAS THAT ARE OBSTRUCTIONS *described in Appendix if needed*

see on appendix

11. The Start

- 11.1 The starting line will be between the masts of the race committee boats displaying an orange flag.
- 11.2 Boats waiting to start: boats whose warning signal has not been made shall remain outside the starting zone during the whole procedure for the others boats at start, and stay at a minimum of 50m of any point to leeward of the starting line and its extensions.
- 11.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5..

12. Change of the next leg of the course

The race committee will not move marks 1 – 2 - 3P - 3S but may move the finishing line.

13. The finish

The finishing line will be between a staff displaying an orange flag on a race committee boat and the course side of the finishing mark.

All boats having crossed the finishing line shall immediately return in the "pre-start" zone located to leeward of the "starting zone", by sailing through the "sailing back" zone (see Appendix Courses areas)

14. Penalty system

- 14.1 RRS 44.1 applies if there is no direct judging on water. (SI 14.4)
- 14.2 Appendix P will apply, modified as follows:
RRS P2.3 does not apply and RRS P2.2 applies to any penalty after the first one.
- 14.3 A breach of any RRS (except RRS chapter 2 and RRS 28 and 31) may, after hearing , be liable to a penalty of from 10% of the number of registered to disqualification.
- 14.4 Direct judgment (To refer to the official notice board)
RRS 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty. This changes SI 14.1

- a) If the jury witnesses an incident in which a rule of Part 2 of the RRS, or RRS 31 or 44.2 is broken, it may indicate its observations by a sound signal, while displaying a red flag.
If the infringing boat does not take a penalty in accordance with SI 14.4 and RRS 44.2, the jury may penalize the infringing boat by a new sound signal and pointing a red flag to her.
In this case SI 14.4 (One-Turn Penalty) will no longer apply and the designated boat will take a Two-Turns Penalty in accordance with RRS 44.2 .
- b) If the penalty is not taken, the designated boat will be disqualified without a hearing , unless she protests another boat, the result of which may allow the jury to consider the application of RRS 64.1 (a).
- c) Action or lack of action by the jury on the water may not give grounds for a request for redress by a competitor (this changes RRS 62.1 (a)).
- d) The jury boats can be positioned at any point in the racing area . Their position shall not give grounds for request for redress.(this changes RRS 62.1(a)).
- e) RRS 60 and 61 remain applicable to incidents which have not been subject to an action of the jury on the water.

15. Time Limits

15.1 Time limits and target times are as follows :

Classe	Target Time	Time Limit for the First to Finish	Time Limit after first
Optimist Minimes/cadets	35 min	60 min	15 min
Optimist Benjamins Qualified	25 min	50 min	15 min
OPEN :Optimist Benjamins and Poussins	20 min	40 min	15 min

Failure to meet the target time will not be grounds for redress. This changes RRS 62.1 (a).

15.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

16. Protests and requests for redress

16.1 Protest forms are available from Jury Secretary located :[see on appendix](#) (To refer to the site plan).

Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

16.2 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the Race Committee signal no more racing today, whichever is later.

16.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room.

16.4 Hearings will be held in the Jury room located : see on Appendix (To refer to the site plan). They will begin, if possible, at the time indicated on the Official Notice Board.

Immediate hearings :

With the agreement of all parties, a hearing may be opened without waiting for the time limit to protest and posting notices, if the parties consider that the conditions of RRS 63.2 are met.

16.5 Notices of protests by the Race Committee, Technical committee or Protest committee will be posted to inform boats under rule 61.1(b).

16.6 A list of boats that have been penalized under Appendix P for breaking rule 42 will be posted.

16.7 Breaches of the following instructions may not be protested by a boat. This changes rule 60.1 (a):

- Departure: Boats Waiting for their start
- Safety regulations
- Advertising

- Support boats
- Trash disposal
- Radio communication

Penalties for these breaches may be less than disqualification if the jury so decides.

- 16.8** On the last day of the qualification phase or of the regatta, a request or a demand to reopen shall be delivered:
- within the protest time limit if the requesting party was informed of the decision the day before,
 - not more than 30 minutes after the party asking for a reopen was informed of the decision on that day, or a request for redress not more than 30 minutes after the decision was posted.

This changes RRS 66 and 62.2

16.9 Breaches of class rules may be penalised by the technical committee, penalizing the competitor under « Gradual penalties » issued by the class

16.10 Appendix " T " Arbitration and Post race penalty, may apply. The 30% penalty will be calculated on the number of entries of the group concerned

17. Scoring

- 17.1** 2 races are required to be completed to constitute a series.
- 17.2** The long distance race sailed Wednesday, not excludable, is included in the general ranking
- 17.3** For the qualification stage, RRS A4.2 is changed so that e points will be based on the number of boats assigned to the largest fleet.
- 17.4** Except for the score withdrawn under SI 16.2, the general ranking of a boat will be the total of her points in the qualifying races validated by all fleets and her points in the final stage.
The various fleets of the final stage do not need to have completed the same number of races in the final stage.
The boats in the Gold fleet will appear first , etc. in the regatta except for a boat disqualified in the final phase under RRS 5 or 69.

18. Safety regulations

- 18.1** A Check-out and Check-in Procedure will be organized: see on appendix
- 18.2** All competitors must personally sign on the checking list in next to their name and sail number before going on the water and just after coming back ashore
- 18.3** The check out procedure will be open 1h 30, at least, before the time of the first warning signal of the day. The signing out shall be done at latest at the time of the warning signal.
- 18.4** The check in procedure after the last race of the day, or after a return ashore shall be done at latest at the time limit to protest. This dead line may be, if necessary, extended by the Race committee or the Jury
- 18.5** A competitor who has not checked out at the start of a race or group of races without returning to the shore will receive, without a hearing, (this changes RRS 63.1), a penalty of 10% of the number of boats registered for the first race of the concerned group.
- 18.6** A competitor who has not checked in at the end of a race or group of races without returning ashore will receive, without a hearing, (this changes RRS 63.1), a penalty of 10% of the number of boats registered for the first race of the concerned group.
- 18.7** These penalties can be combined. (this changes RRS 63.1) and are calculated according to the terms of RRS 44.3 (c).
- 18.8** A boat that retires from a race shall notify the race committee as soon as possible and confirm (or have confirmed) at Check-In.
- 18.9** For practice race, competitors also check in and out ashore. Competitors not sailing in the practice race shall also sign, stating they do not sail the practice race.

19. Replacement of equipment

Substitution of damaged or lost equipment will not be allowed without prior written approval of Race Committee and/or the Technical committee. Requests for substitution shall be made at the first reasonable opportunity.

20. Equipment and measurements checks

- 20.1 A boat or equipment may be inspected at any time for compliance with the Class Rules and the Sailing Instructions.
- 20.2 On the water, a member of the Technical committee may require a boat to proceed immediately to a designated area for inspection there. The penalty system will be displayed on the official board in accordance with IODA recommendations.

21. Event advertising

Boats must display the sticker provided by the organizing authority according to information given at registration.

22. Official boats

- 22.1 Official boats for Benjamins area will be identified with a pennant: see on Appendix
Official boats for Minimes / Cadets area will be identified with a pennant: see on Appendix
- 22.2 The absence of any checking boat or of identification on boats will not be grounds for request of redress. This changes RRS 62.1.(a)

23. Support boats

- 23.1 **“Support Person”** (Team Leaders, Coaches and other support personnel) shall stay outside areas where boats are racing from the Preparatory Signal of the first group/fleet to start until all boats of all in that race have finished or the Race Committee signals a postponement, a general recall or abandonment of the race;
- 23.2 The equipment to identify “Support Person boats” will be distributed when confirming registration
- 23.3 A clearance zone, from the finish line to the starting line, is identified in the course appendix. This zone is prohibited to “Support Person boats”. RRS 41, “outside help”, will apply in this zone even if the boat is no longer racing. This changes the introduction to Part 4 of the RRS.
- 23.4 **Using the V flag during the regatta**
 - a) Hoisted ashore on the Official mast or afloat on the Committee Boat, the International Code V means:
“Support Person” present on the venue should make themselves available to Safety leader who will set them a task.
 - b) Posted on Race Committee boats:

“Support Person” present on the venue should get in touch by using VHF channel assigned to security and make themselves available to Safety leader who will set them a task.

24. Trash disposal

Boats shall not throw any trash in the sea. Trash may be placed aboard “Support Person boats” and race committee boats.

25. Radio communication

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. That restriction applies also to mobile phones.

26. Prizes

Prizes will be given:

- To the first 3 in overall ranking (scratch) and the first 3 girls, if they are not already celebrated at the overall ranking (scratch)
- To the first boy and first girl “Benjamins 1st age” :(10 years in the year), if they are not already celebrated at the overall ranking (scratch)
- To the first boy and first girl “Minimes 1st age” : (12 years in the year) , if they are not already celebrated at the overall ranking (scratch)

27. Decision to race

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race.

The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Designated Race Officials: see on appendix

VHF channels : see on appendix